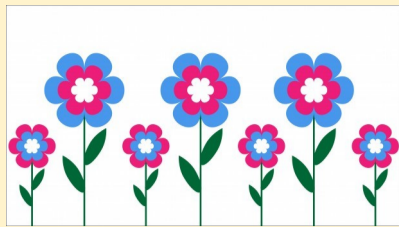


Welcome March

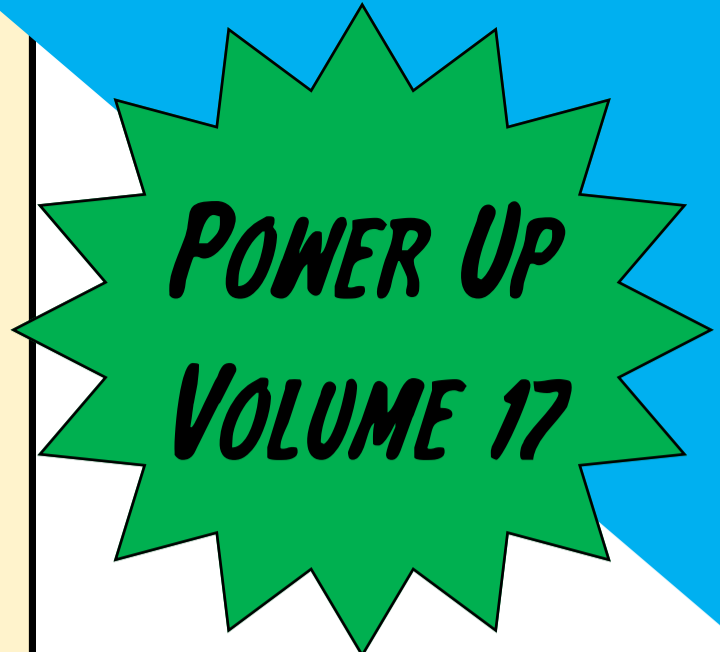


New month, new chapter, new page and new wishes. May the month send you courage, strength, confidence, patience,

self-love and inner peace. May everyday in March be filled with hope, love, sunshine, joy, fun and laughter.

Be sure to answer the question for a chance to win our drawing!

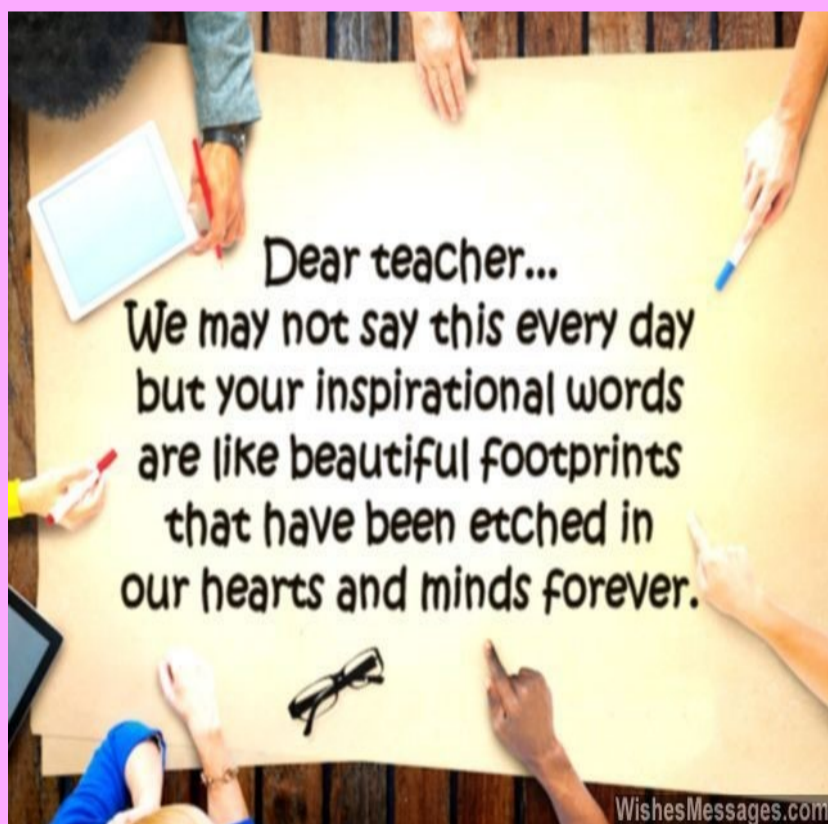
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<http://magnetschoolsummer.weebly.com/newsletter-archive.html>



What's Your Score?



A wealth of research demonstrates that retrieval practice benefits all students. The

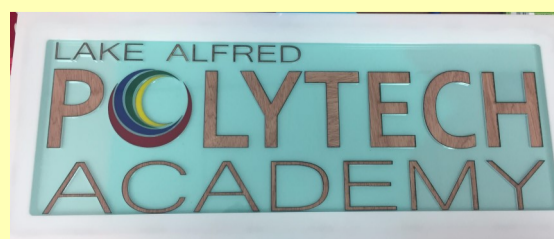
effect size of this strategy is .78! Retrieval strategy involves students recalling information independently and without any memory tools. Here is an example of a retrieval strategy activity you could adapt for classroom:



The Retrieval Practice Challenge Grid can be used at the start of the lesson with a range questions that require students to retrieve and recall information from last lesson, last week and even further. This is a high effect strategy to recap and revisit subject content. Here is a link to a cool retrieval resource: <http://mempowered.com/strategies/retrieval-practice-keyword-mnemonic>

Fab Lab Fundraiser Idea: Name Plates or Signs

Students can use wood and acrylic to create beautiful signs that will look great and last. The larger signs cost approximately \$30-\$40 to make, but could be sold for much more. The smaller signs cost approximately \$10 to make and would be ideal for house name plates, businesses, etc.



Having a Positive Attitude!

Humans have the remarkable capacity to display many emotions, but only six of them are “hard wired” or built in at birth. This is profound because it tells us that unless children get these emotional states taught to them early (ages 0-3), when they enter school, they’ll be emotionally narrow. Kids rarely ever get the emotional skills built in to ready for school.



This leads to:

- more discipline problems
- weakened cognitive skills in school
- kids at school who do not understand appropriate emotional responses (e.g. cooperation, trust, shame and humility)

Practical school application:

- teach appropriate emotional states as life skills (e.g. honor, patience, forgiveness and empathy) and
- read and manage emotional states in the classroom
- build social skills into every lesson
- use the social structures that are advocated in cooperative learning programs every day
- better social skills, better academics

POSITIVE ATTITUDE

10 UP lifting ways to go about your day

1. Wake **UP** and decide to have a great day!
2. Cheer **UP** and think how great it is to be **YOU!**
3. Look **UP** at the sky and be grateful for this day
4. Show **UP** to places with a positive attitude
5. Listen **UP** to the voice inside of you
6. Team **UP** with others to make things better
7. Build **UP** your brain by learning hard things
8. Lift **UP** others with kind words and compliments
9. Reach **UP** for new dreams and goals
10. Cuddle **UP** at night with your favorite book or someone you love

Big Life Journal - biglifejournal.com



PLEASE SEND YOUR ANSWER RESPONSE TO:

OAI@polk-fl.net

How do you model and teach your students to manage their emotional states in your classroom?